



# Calmar Trail Days 5K Fun Run/Walk

**Date:** Saturday, June 21st at 8am, Rain or Shine  
**Where:** Calmar, IA beginning at the Depot (by Kwik Star)  
**Race Day Registration:** Begins at 7am

**Registration:** Pre-register by June 4th to receive a free t-shirt and ticket to NICC Dairy Breakfast. Registrations will be accepted up to race time, but not guaranteed t-shirt. Proceeds from the Fun Run provides support for free community activities by the Calmar Commercial Club

**Entry Fee:** \$25  
**Sponsored by:** Calmar Commercial Club  
**Online form at:** [www.calmaria.com](http://www.calmaria.com)

Participant Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Gender: Male Female      Age: 0-13 14-19 20-29 30-39 40-49 50+

T-shirt Size: S M L XL XXL      Youth: M L

Entry Fee: \$25 (Pre-registrations receive free t-shirt and ticket for NICC Dairy Breakfast)

**Proceeds from the Fun Run provides support for free community activities by the Calmar Commercial Club**

This run/walk is strictly for fun. All runners/walkers assume their own responsibility for safety. The course is located on the Prairie Farmer Trail and will be crossing roads. Due to the nature of the event, please bring I.D. I agree by signing that I am in good health and I do hereby for myself, my heirs, executors, administrators and assignees, release and forever discharge the sponsors and all those involved and manning this event from all claims of any kind arising as a result of my participation in this event.

Signature: \_\_\_\_\_ Parent Signature: \_\_\_\_\_

Make Checks Payable to: Calmar Commercial Club  
 Mail To: Nicole Wiltgen PO Box 383 Calmar, IA 52132  
 Question Contact: Nicole Wiltgen [nwiltgen@yahoo.com](mailto:nwiltgen@yahoo.com) or 319.551.7787

Registration form also located online at: [www.calmaria.com](http://www.calmaria.com)